

County Down, UK

DEMENTIA THERAPY SERVICE OF THE YEAR

Remember When Ltd

Based in Royal Hillsborough, Remember When Ltd provides compassionate reminiscence therapy for people living with dementia. Since its inception, it has been embraced by care homes, schools, and communities across Northern Ireland. Founder Sandra Leckey is committed to fostering connections with those living with dementia, guiding them through the challenges of loneliness and frustration often associated with their condition.

The organisation's approach goes beyond traditional care methods. They offer workshops and training to empower caregivers and therapists in utilising reminiscence therapy effectively. Personalised home visits and talking services create a sense of belonging and comfort for clients and their families. Memory boxes filled with cherished mementos serve as tangible links to the past, enriching therapy sessions tailored to each individual's needs, incorporating music, dance, pet therapy, and art.

At the core of Remember When's mission is the creation of bridges – between past and present, and among individuals and their communities. Through active participation in therapy, clients rediscover their sense of identity, self-worth and relieve boredom. Shared recollections foster joy and connection, enriching lives and families. The impact of Remember When's innovative approach is evident in renewed purpose for clients and enhanced support for caregivers. Collaborations with schools promote intergenerational understanding, nurturing empathy and respect. In essence, Remember When revitalises memories, infusing each moment with significance. Through dedication and compassion, they weave a tapestry of connection, one cherished memory at a time.

The judging panel was particularly impressed by the range of benefits that the innovative reminiscence therapy has produced in people living with dementia. Remember When's services enrich the lives of its clients whilst adding to the toolkits of carers, and encouraging intergenerational understanding through its work in schools. For those living with dementia, the therapy builds bridges between the past and the present as clients are given a new sense of identity and self-worth through the key social aspects of the service. Through recollections of history and fond personal memories, Remember When is truly creating pleasurable moments for its clients by keeping those enriching experiences alive.



**Remember
When's innovative
reminiscence therapy
has vastly improved
the quality of life for
dementia sufferers.**



www.rememberwhenltd.co.uk
+44 (0) 7939 238 543
info@rememberwhenltd.co.uk